

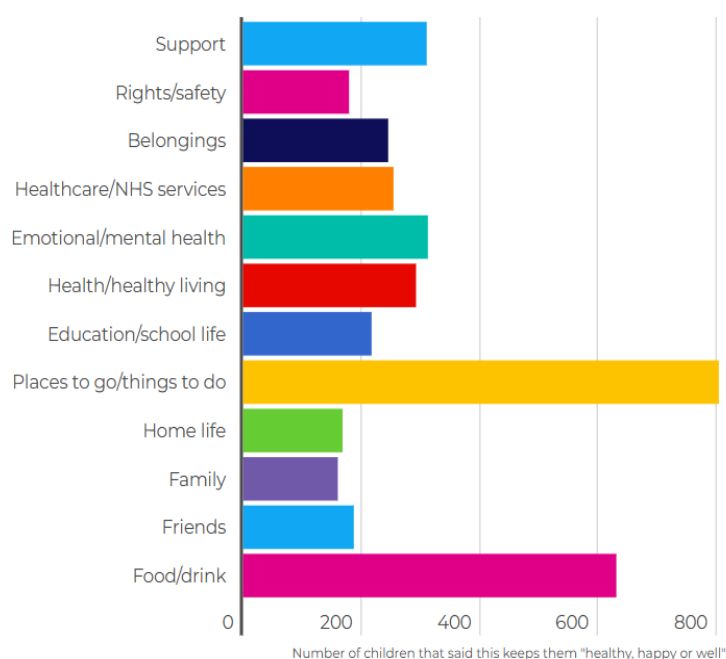
EASTERN COLLABORATIVE CHILDREN'S RESIDENTIAL NETWORK MONTHLY NEWSLETTER



Welcome to June's ECCRN newsletter. This month we are focusing on the Health of Children in Care. How can we ensure the best support and services for our young people? How can we work together to meet their physical and mental needs? What resources can we tap into? Let's have a look!

Please, absorb and enjoy!

What keeps children healthy, happy and well?



2019 figures

- Immunisations: 87%
 - Dental review: 86%
 - Annual Health Assessment: 86%
- We're getting there - but don't we need to get to 100%?

More on this from the RCPCH [here](#).

3-minute watch

[Taking it to the Next Level - the health of looked after children](#)

3-minute read

[Smile please - ensuring the oral health of children in care.](#)
NCERCC

If these things are not happening in your area, we can link with people to make it happen.
Remember Regulation 5 - Engaging with the wider system to ensure children's needs are met.

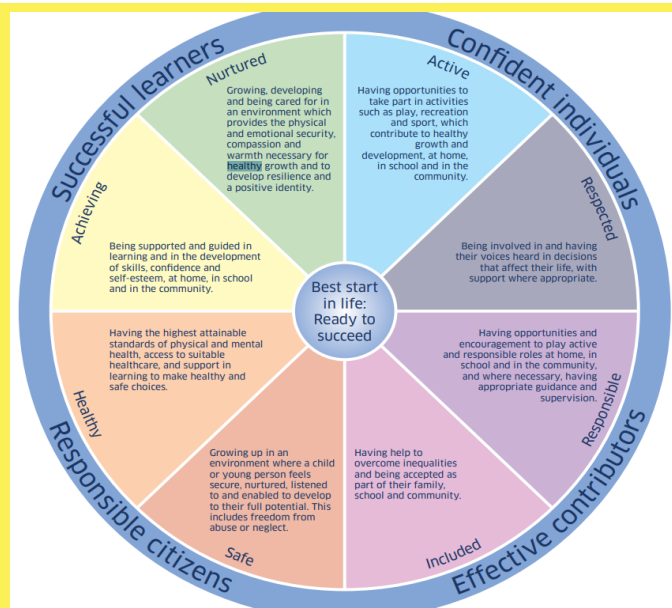
Regulation 5 is overarching; meaning is it relevant across all the quality standards. It sets out the requirement that children's homes must seek to work with those in the wider system to ensure that each child's needs are met. No children's home will be able to meet, on its own, all of a child's needs. It is crucial that the home works in close partnership with all those who play a role in protecting and caring for the child, but particularly the child's local authority and statutory social worker. The registered person and the staff of the home cannot force a relevant person to engage or work productively with them, and the regulation does not require this. The registered person should evidence what they have done to achieve engagement, including any actions taken to escalate concerns.

Helpful hint: The RCN's review of Looked after Children: roles and competencies of healthcare staff might assist in supporting your enquiry for a health service for your child.

We have collated some resources we hope you will explore. We like the national practice approach adopted by Scotland:

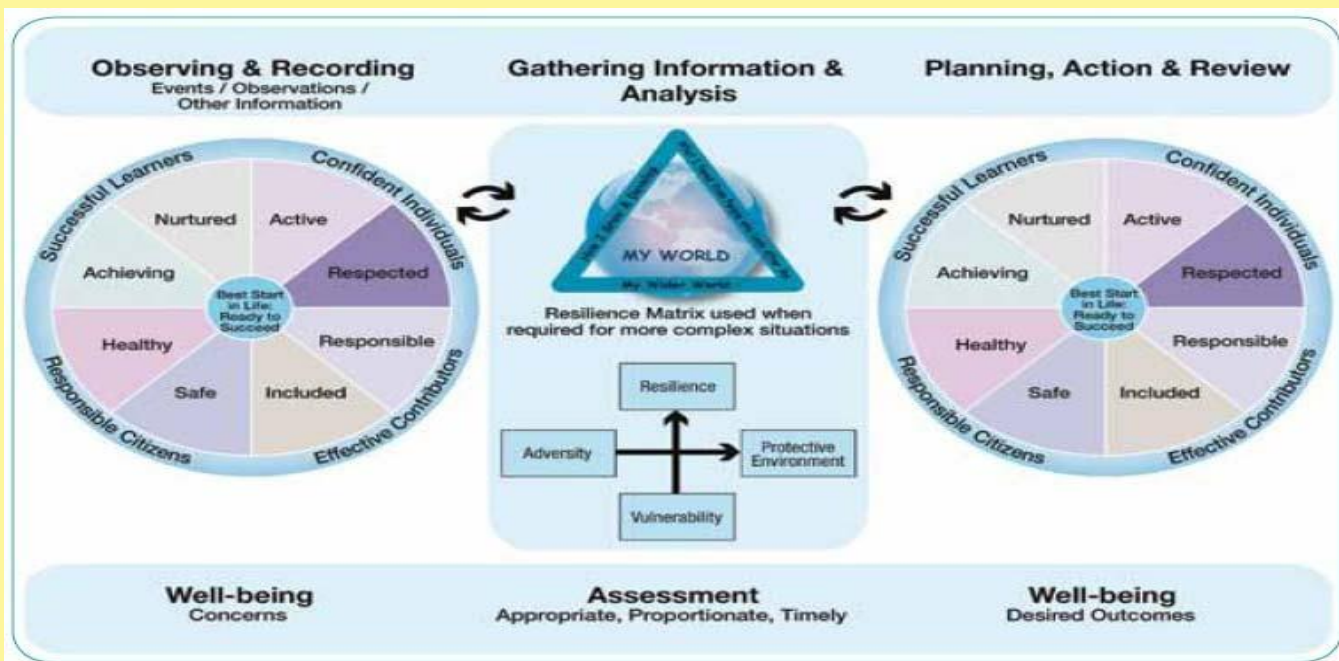
GIRFEC Getting It Right For Every Child

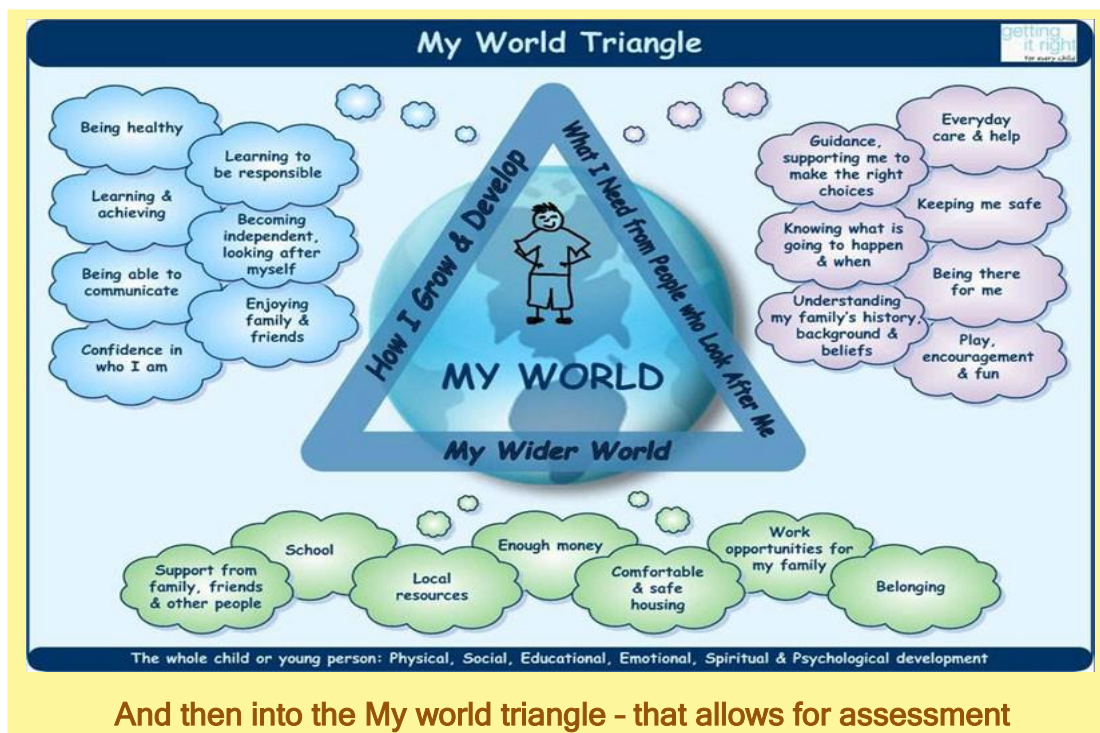
(Yes, it's Scotland but there is no reason why children's homes in England can't use it)



The SHANARRI window gives an all-round idea of a child's health

And this is how it fits with the Scottish national practice model:





We know how useful practical examples can be so from England we have selected from the Local Government Association:

This has case studies from various local authorities:

Healthy futures: supporting and promoting the health needs of looked after children

Leeds City Council: the journey to 'good'

East Sussex County Council: AdCAMHS (Adopted child and adolescent mental health service)

Essex County Council: 'Open up - reach out'

Tower Hamlets Council: "Let's talk about teeth" project

Greater Manchester: 'Handle with Care' commitments adopted

Norfolk County Council: rapid quality improvement cycle for health assessments

Bristol City Council: Drugs and Young People Project (DYPP) References

Did you know...

The Quality Standards and Guide on Health are a supported NICE guideline = Looked-after children and young people

There's good resource list here that is linked to the NICE guideline:

Promoting wellbeing and positive identity for a child or young person who is looked after

Some children's organisations you may not have thought of that can support a child:

[Childhood Bereavement Network](#)

[Winston's wish](#)

[National Deaf Children's Society](#)

See also: [When a bereavement is traumatic: meaning-making and supporting children and young people](#)

Another place for resources on Health and wellbeing is the PSHE association

[Resources](#)

Focus on Mental Health



An overview that includes lots of links to other resources:

[Care experienced children and young people's mental health | Iriss](#)

Children in care are at least 4x more likely than their peers to experience diagnosable mental health conditions. Yet despite the clear need, access to appropriate mental health support remains inconsistent and inadequate.

News

World-leading UK academics set new vision for transforming mental health support for children and young people in care

This report contains some key recommendations.

[World-leading UK academics set new vision for transforming mental health support for children and young people in care](#)

Research

CAMHS support for children and young people with social work involvement (COACHES)


[CAMHS support for children and young people with social work involvement \(COACHES\)](#)

This project aims to provide answers to some interesting questions regarding CAMHS.



The first output from the study, published in August 2024, is an analysis of inequalities accessing CAMHS for young people with safeguarding needs.

[A call for change](#)



A thought to finish

With a view to you making a start...

“If you think communication is all talking, you haven’t been listening” - Ashleigh Brilliant

Perhaps you’ll need to use Makaton or British Sign Language with the children you care for?

See you next time (in Makaton)

Thank you for reading our newsletter, your feedback would be very welcome. If you wish to be removed from the distribution or wish to add a colleague, please email us:

SLI Programme mailbox: EasternRegionCIB@norfolk.gov.uk

SLI website: [Commission East – Improvement East](#)

Linked In: <https://www.linkedin.com/company/improvement-east/>

The next ECCRN meeting is being held on Teams on **Thursday, 3rd April – 10.30 – 12.30**

